

# BENEFITS OF OUR PROGRAM

“The need for missionaries in the developing world is as great today, as ever. However, were it not for the training and preparation that my husband Warren and I both received by the Lay Mission-Helpers Association, I doubt that we could have made the adjustments needed for our three years of living and working in Cameroon.”

– Deanna Bowers  
Lay Mission-Helpers

“We cannot envision having gone on mission without the mental, social, and spiritual tools the training program provided us. The program taught us to step outside of ourselves and see the world from God’s standpoint, to benefit from the trials and experience of Lay Mission-Helpers who have preceded us over the last 50 years, and to learn to expect and accept the unexpected in mission life.”

– Tim & Sheila Cavanagh  
Mission Doctors Association

“As Colomban candidates, we felt welcomed and included in all aspects of formation. The collaboration with LMH made financial and logistical sense for the Colombans facilitating the continuation of the U.S. Lay Mission Program. ”

– Dan & Meri Diamond  
Colomban Lay Missionaries

“There is a significant difference between the Lay Mission-Helpers and other lay missionaries/volunteers who do not receive any, or minimal, training.”

– Sr. Eileen, Cameroon



Founded in 1955 by Msgr. Anthony Brouwers, Lay Mission-Helpers Association has trained and supported over 700 lay missionaries in Africa, Asia, South Pacific and Latin America.



# PREPARE

# PRAU LEARN

## FORMATION PROGRAM FOR INTERNATIONAL MISSION SERVICE



Lay Mission-Helpers Association invites you or your lay missionary volunteer candidates to prepare to serve at international Catholic mission sites. This four-month formation program is now open to individuals from Religious Orders and their lay Associates and other volunteer service organizations.

Lay Mission-Helpers Association  
3435 Wilshire Blvd., Suite 1940  
Los Angeles, CA 90010  
(213) 368-1873  
(213) 368-1871 (fax)  
program@laymissionhelpers.org  
www.laymissionhelpers.org

Look for us on:



Our program  
runs annually  
JANUARY  
through MAY



# HOW to PARTICIPATE

You or your candidates can benefit from the experience of a formation program that has been honed and refined.

## What We Provide:

- Four months of living and interacting with other prospective missionaries at our residential and training site in Los Angeles provides a unique setting for preparation.
- Classes are geared to prepare the individual to live and serve in a foreign country.
- Weekly classes and workshops are offered to help prospective missionaries/volunteers understand the gifts they bring to mission and to recognize their own strengths and limitations.

## Focus Areas:

- **Spirituality/Faith:** Scripture, Mission Theology, Spirituality, Journaling, Communal Prayer, Catholic Social Teaching, Moral Theology
- **Cross Cultural:** Education & Healthcare in Developing Countries, World Religions, Power & Diversity, Intercultural Development
- **Personal Development:** Communication Skills, Personality Inventories, Psycho-Social Development, Emotional Health, Community Living

For more than five decades, LMH has prepared lay men, women, couples and families to share their gifts and live their faith.

## Presenters Include:

**Daniel Smith-Christopher, Ph.D.**

*Prof. of Old Testament Studies  
Director of Peace Studies  
Loyola Marymount University*

**Br. John Kiesler, OFM**

*Prof. Franciscan School of Theology, UC Berkeley*

**Sr. Caroljean Willie, SC, Ph.D.**

*NGO Representative  
at the United Nations for the Sisters  
of Charity Federation*

**Maureen Rosemary Connors, Ph.D.**

*Connors Consulting for Change  
Co-Director of Programs, Franciscan Center  
Co-Director, Room for the Spirit*



## Residential & Commuter Options:

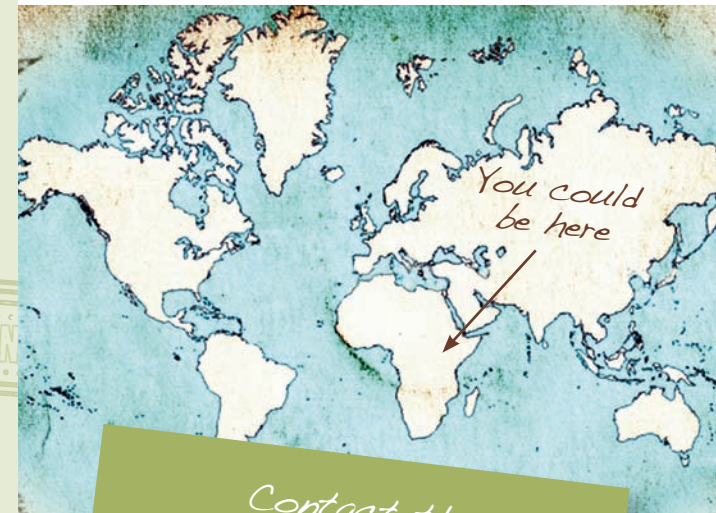
**Residential:** Includes all classes, class materials, retreats, meals, lodging.

**Commuter:** Includes all classes, class materials, retreats, and lunch — Monday-Friday.

Take this unique opportunity to prepare for mission work with the oldest lay mission sending organization in the United States.

Program is held annually from January - May.

Space is limited, please contact us today to learn more.



Contact the LMH Program Director for detailed information:  
[program@laymissionhelpers.org](mailto:program@laymissionhelpers.org)  
(213) 368-1873